



11. Sparkassen Ostseelauf Timmendorfer Strand



22. März 2015

Ergebnis M / W - gesamt

5 Km Lauf (5 Km)

5 Km Lauf M

| Pos | StNr | Gesamt | Name | Vorname | Verein / Ort | Nat. | Alters- Klasse | Pos Altersklasse |
|-----|------|----------|------------|--------------|-----------------------------|---------|-------------------|------------------|
| 1 | 36 | 00:17:47 | Baran | Christoph | GJK SC Polonia | GER-NIE | M-30 | 1 |
| 2 | 652 | 00:17:59 | Kelsch | Alexander | TSV NEUSTADT I.H | GER-SH | M-20 | 1 |
| 3 | 1034 | 00:18:01 | Peters | Dirk | Running-athlete.com | GER-SH | M-45 | 1 |
| 4 | 73 | 00:18:07 | Bergmann | Holger | Hamburger Laufladen e.V. | GER-HAM | M-50 | 1 |
| 5 | 1234 | 00:18:27 | Schindler | Laurin | MTV Lübeck | GER-SH | M-JU16 | 1 |
| 6 | 229 | 00:18:29 | Dietzel | Ronald | SG Wasserratten Norderstedt | GER-SH | M-50 | 2 |
| 7 | 92 | 00:19:17 | Blanck | Christopher | Sc Delphin Bad Schwartau | GER-SH | M-JU20 | 1 |
| 8 | 1550 | 00:19:45 | Wagner | Till | Lübecker Turnerschaft | GER-SH | M-JU14 | 1 |
| 9 | 1023 | 00:19:48 | Peeck | Maximilian | Lübeck 1876 | GER-SH | M-JU20 | 2 |
| 10 | 478 | 00:19:56 | Hauschildt | Danny | Schule am Meer | GER-SH | M-JU18 | 1 |
| 11 | 924 | 00:20:10 | Möller | Paul | Lübecker SC | GER-SH | M-JU14 | 2 |
| 12 | 1661 | 00:20:21 | Lunau | Christian | TSV Lensahn | GER-SH | M-JU16 | 2 |
| 13 | 1434 | 00:20:34 | Stueben | Linus | Triabolos Hamburg e.V. | GER-HAM | M-JU16 | 3 |
| 14 | 778 | 00:20:36 | Lakies | Lothar | Vfl Odesloe | GER-SH | M-45 | 2 |
| 15 | 149 | 00:20:39 | Brümmer | Niels | LG Bad Schwartau | GER-SH | M-20 | 2 |
| 16 | 572 | 00:20:44 | Ihde | Carsten | Trittau | GER-SH | M-45 | 3 |
| 17 | 179 | 00:20:59 | Caro | Merten | SC Buntekuh | GER-SH | M-JU14 | 3 |
| 18 | 1154 | 00:21:00 | Röhrs | Enrico | Vfl Odesloe | GER-SH | M-40 | 1 |
| 19 | 516 | 00:21:05 | Hentschel | Tom | SC Buntekuh | GER-SH | M-JU16 | 4 |
| 20 | 452 | 00:21:06 | Hantel | Dominik | Holmes Place Lübeck | GER-SH | M-JU20 | 3 |
| 21 | 173 | 00:21:19 | Büttner | Marc-Henrik | Auf und Davon GmbH | GER-SH | M-30 | 2 |
| 22 | 980 | 00:21:21 | Niemeyer | Thorben | Lübeck 1876 | GER-SH | M-JU20 | 4 |
| 23 | 1084 | 00:21:21 | Prust | Marvin | Polizei SV Eutin | GER-SH | M-JU16 | 5 |
| 24 | 775 | 00:21:29 | Laborn | Patrick | TSV Zarpen | GER-SH | M-JU18 | 2 |
| 25 | 482 | 00:21:31 | Hausmann | Malte | Team Erdinger Alkoholfrei | GER-HAM | M-30 | 3 |
| 26 | 1207 | 00:21:41 | Schander | Johann | SC Rönau 74 | GER-SH | M-55 | 1 |
| 27 | 894 | 00:21:47 | Mellmann | Tino | BW GVM | GER-MVP | M-40 | 2 |
| 28 | 303 | 00:22:02 | Flüh | Georg | TSNT | GER-SH | M-20 | 3 |
| 29 | 1409 | 00:22:03 | Steinhöfel | Malte | VfL Bad Schwartau | GER-SH | M-20 | 4 |
| 30 | 1331 | 00:22:14 | Schweers | Helge | Team Erdinger Alkoholfrei | GER-NIE | M-50 | 3 |
| 31 | 849 | 00:22:16 | Lützwow | Linus | ALG VFL Bokel | GER-SH | M-JU14 | 4 |
| 32 | 258 | 00:22:19 | Todorov | Max | Schule am Meer | GER-SH | M-JU18 | 3 |
| 33 | 71 | 00:22:38 | Berggren | Olof | VG Resor | SWE | M-50 | 4 |
| 34 | 1594 | 00:22:39 | Westphal | Jannik | MTV Lübeck | GER-SH | M-KU12 | 1 |
| 35 | 939 | 00:22:40 | Müller | Dr. Wolfgang | TV Jahn Schneverdingen | GER-NIE | M-45 | 4 |
| 36 | 858 | 00:22:44 | Maierhofer | Jeremy | Schule am Meer | GER-SH | M-JU14 | 5 |
| 37 | 1258 | 00:22:51 | Schmitz | Stefan | SG Athletico Büdelsdorf | GER-SH | M-45 | 5 |
| 38 | 691 | 00:22:57 | Köcher | Dietrich | Team Erdinger Alkoholfrei | GER-SH | M-50 | 5 |
| 39 | 1505 | 00:23:07 | Trübger | Erik | Lübeck 1876 | GER-SH | M-JU14 | 6 |
| 40 | 376 | 00:23:09 | Giesenberg | Björn | Tri-Sport Lübeck | GER-SH | M-50 | 6 |
| 41 | 317 | 00:23:23 | Frank | Niklas | Strandkorbvermietung Frank | GER-SH | M-20 | 5 |

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5 Km Lauf M

| Pos | StNr | Gesamt | Name | Vorname | Verein / Ort | Nat. | Alters- Klasse | Pos Altersklasse |
|-----|------|----------|-------------------|--------------|-------------------------------------|---------|-------------------|------------------|
| 42 | 189 | 00:23:27 | Dabelstein | Christoph | Team Erdinger Alkoholfrei | GER-SH | M-45 | 6 |
| 43 | 1133 | 00:23:39 | Ries | Jochen | Möllner SV | GER-SH | M-70 | 1 |
| 44 | 891 | 00:23:42 | Mellmann | Axel | SV Selmsdorf 94 | GER-MVP | M-35 | 1 |
| 45 | 327 | 00:23:57 | Freitag | Alex | GGs Europaschule Timmendorf | GER-SH | M-JU14 | 7 |
| 46 | 442 | 00:23:58 | Hamer | Niels | Schule am Meer | GER-SH | M-JU18 | 4 |
| 47 | 178 | 00:23:59 | Cansier | Frank | Sülfeld | GER-SH | M-45 | 7 |
| 48 | 774 | 00:24:00 | Laborn | Marc | Reinfeld | GER-SH | M-JU14 | 8 |
| 49 | 433 | 00:24:03 | Hacker | Holger | Lübeck 1876 | GER-SH | M-65 | 1 |
| 50 | 526 | 00:24:08 | Hillgner | Lukas | TSV Ilmer Weg | GER-NIE | M-JU20 | 5 |
| 51 | 873 | 00:24:12 | Marx | Christoph | Niendorf | GER-SH | M-40 | 3 |
| 52 | 1300 | 00:24:18 | Schulz | Moritz Gerko | Kahlhorstschule | GER-SH | M-KU12 | 2 |
| 53 | 983 | 00:24:30 | Nitz | Joachim | TSNT | GER-SH | M-45 | 8 |
| 54 | 198 | 00:24:51 | De Paoli | Marco | Polizei SV Eutin | GER-SH | M-JU16 | 6 |
| 55 | 1303 | 00:25:14 | Schulz | Stefan | Lübeck | GER-SH | M-45 | 9 |
| 56 | 656 | 00:25:24 | Kindel | Georg | Red Star Lubeck | GER-SH | M-30 | 4 |
| 57 | 432 | 00:25:43 | Hacker | Detlef | Lübeck 1876 | GER-SH | M-60 | 1 |
| 58 | 1714 | 00:25:46 | Kollmeier | Jaron | Lübecker Turnerschaft | GER-SH | M-KU12 | 3 |
| 59 | 454 | 00:25:47 | Hantel | Thomas | Holmes Place Lübeck | GER-SH | M-50 | 7 |
| 60 | 1715 | 00:25:51 | Will | Georg | TG Kitzingen | GER-BAW | M-60 | 2 |
| 61 | 46 | 00:26:03 | Bastian | Holmer | Auf und davon GmbH | GER-SH | M-40 | 4 |
| 62 | 1114 | 00:26:20 | Rehm | Torsten | Radsportverein Hemmoor | GER-NIE | M-50 | 8 |
| 63 | 1699 | 00:26:40 | Semken | Jürgen | TV Lilienthal | GER-NIE | M-45 | 10 |
| 64 | 1153 | 00:26:40 | Rohrbach | Daniel | Hohnstorf / Elbe | GER-NIE | M-35 | 2 |
| 65 | 1082 | 00:26:53 | Prinz | Nikas | VfL Bad Schwartau | GER-SH | M-JU14 | 9 |
| 66 | 388 | 00:26:54 | Goetsch | Julis | Carrier Transicold Deutschland | GER-SH | M-JU16 | 7 |
| 67 | 163 | 00:27:16 | Bünz | Florian | Apex Team Hamburg | GER-NIE | M-KU12 | 4 |
| 68 | 1518 | 00:27:17 | Veerkamp | Manfred | Tescom Europe Running Team | GER-SH | M-45 | 11 |
| 69 | 1381 | 00:27:21 | Sprößig | Marcel | Diakonie NWM | GER-MVP | M-30 | 5 |
| 70 | 971 | 00:27:22 | Neubauer | Tim | Apex Team Hamburg | GER-NIE | M-JU14 | 10 |
| 71 | 638 | 00:27:31 | Kachouri | Kay | GGs Europaschule Timmendorf | GER-SH | M-JU14 | 11 |
| 72 | 319 | 00:27:33 | Frank | Steffen | Strandkorbvermietung Frank | GER-SH | M-45 | 12 |
| 73 | 1107 | 00:27:48 | Rawohl | Ekki | GGs Europaschule Timmendorf | GER-SH | M-45 | 13 |
| 74 | 38 | 00:27:54 | Bartelt | Axel | Kieler TV | GER-SH | M-60 | 3 |
| 75 | 956 | 00:28:21 | Müller-Lornsen | Helmut | Lübeck | GER-SH | M-35 | 3 |
| 76 | 207 | 00:28:34 | Denaro | Luca | Team Portobello | GER-SH | M-20 | 6 |
| 77 | 1188 | 00:28:47 | Sandelmann | Dieter | Wilhelmshaven | GER-NIE | M-60 | 4 |
| 78 | 544 | 00:28:58 | Holbeck | Jendrik | Ratzeburger- Segler- Verein | GER-SH | M-JU14 | 12 |
| 79 | 1445 | 00:29:39 | Svenson | Lennart | Vg resor | SWE | M-75 | 1 |
| 80 | 153 | 00:29:55 | Bruns | Frank | Appartement-Residenz "4 Seasons" | GER-SH | M-50 | 9 |
| 81 | 1243 | 00:30:07 | Schlonsok | Jens | Team Portobello | GER-SH | M-20 | 7 |
| 82 | 564 | 00:30:11 | Huchthausen | Henrik | Garstedt | GER-NIE | M-KU12 | 5 |
| 83 | 1709 | 00:30:25 | Schlie | Sander | VfL Bad Schwartau | GER-SH | M-JU14 | 13 |
| 84 | 227 | 00:30:54 | Dietzel | Jaron | SG Wasserratten Norderstedt | GER-SH | M-JU16 | 8 |
| 85 | 1568 | 00:31:02 | Wedler | Ralf | Ahrensburger TSV | GER-SH | M-45 | 14 |
| 86 | 1045 | 00:31:10 | Petersson-Larsson | Björn | Lübeck | GER-SH | M-30 | 6 |
| 87 | 977 | 00:31:18 | Nguyen | LongChang | GGs Europaschule Timmendorf | GER-SH | M-JU18 | 5 |
| 88 | 740 | 00:31:24 | Krull | Tim | Schule am Meer | GER-SH | M-JU16 | 9 |
| 89 | 277 | 00:32:10 | Erdmann | André | Ahrensburger TSV | GER-SH | M-40 | 5 |

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|-----|------|----------|-------------|----------|--------------------------------|---------|-------------------|------------------|
| 90 | 147 | 00:32:17 | Brum | David | Kaltenkirchen | GER-SH | M-KU12 | 6 |
| 91 | 953 | 00:32:30 | Müller | Tom | Lübeck | GER-SH | M-35 | 4 |
| 92 | 1252 | 00:33:04 | Schmidt | Horst | Lübeck 1876 | GER-SH | M-60 | 5 |
| 93 | 338 | 00:33:08 | Friedrich | Bern | TSNT | GER-SH | M-60 | 6 |
| 94 | 1382 | 00:33:09 | Stabe | Romvin | Schule am Meer | GER-SH | M-JU16 | 10 |
| 95 | 1499 | 00:33:28 | Trepper | Hannes | Schule am Meer | GER-SH | M-KU12 | 7 |
| 96 | 1576 | 00:33:47 | Weist | Rudolf | Hamburg | GER-HAM | M-55 | 2 |
| 97 | 521 | 00:33:49 | Heuer | Patrik | Hamburg | GER-HAM | M-35 | 5 |
| 98 | 1102 | 00:34:01 | Rathgeber | Sven | Hamburg | GER-HAM | M-30 | 7 |
| 99 | 1573 | 00:36:03 | Weinknecht | Finn | GGs Europaschule Timmendorf | GER-SH | M-JU16 | 11 |
| 100 | 212 | 00:36:20 | Denzer | Marvin | GGs Europaschule Timmendorf | GER-SH | M-JU18 | 6 |
| 101 | 830 | 00:36:54 | Vitense | Finn | GGs Europaschule Timmendorf | GER-SH | M-JU14 | 14 |
| 102 | 195 | 00:36:55 | Dammert | Norian | GGs Europaschule Timmendorf | GER-SH | M-JU16 | 12 |
| 103 | 1336 | 00:36:59 | Schweizer | Matthias | Team Portobello | GER-SH | M-55 | 3 |
| 104 | 1672 | 00:37:37 | Kähler | Hubert | | GER-SH | M-70 | 2 |
| 105 | 605 | 00:38:11 | Johannisson | Martin | Pansdorf | GER-SH | M-35 | 6 |
| 106 | 1524 | 00:41:07 | Vollbrecht | Alex | GGs Europaschule Timmendorf | GER-SH | M-JU14 | 15 |
| 107 | 963 | 00:42:50 | Nagel-Heyer | Rudolf | TG Heimfeld | GER-HAM | M-80 | 1 |
| 108 | 577 | 00:43:45 | Isenring | Brandon | GGs Europaschule Timmendorf | GER-SH | M-JU14 | 16 |
| 109 | 1093 | 00:49:31 | Rabjczak | Jakob | GGs Europaschule Timmendorf | GER-SH | M-JU14 | 17 |
| 110 | 1119 | 02:37:31 | Reinert | Jürgen | Team Erdinger Alkoholfrei | GER-BAY | M-55 | 4 |

5 Km Lauf W

| Pos | StNr | Gesamt | Name | Vorname | Verein / Ort | Nat. | Alters- Klasse | Pos Altersklasse |
|-----|------|----------|-------------|-------------------|-------------------------------------|---------|-------------------|------------------|
| 1 | 1295 | 00:18:03 | Schulz | Johanna Christine | Rönnau 74 | GER-SH | W-20 | 1 |
| 2 | 428 | 00:20:06 | Günther | Martina | Hannover 96 | GER-NIE | W-35 | 1 |
| 3 | 777 | 00:20:26 | Lakies | Anke | VfL Oldesloe | GER-SH | W-45 | 1 |
| 4 | 1436 | 00:20:29 | Stueben | Maxine | Triabolos Hamburg e.V. | GER-HAM | W-KU12 | 1 |
| 5 | 320 | 00:21:08 | Frank | Wiebke | TSV Heiligenhafen | GER-SH | W-JU16 | 1 |
| 6 | 228 | 00:21:38 | Dietzel | Leann | SG Wasserratten Norderstedt | GER-SH | W-JU14 | 1 |
| 7 | 1635 | 00:21:45 | Woltersdorf | Sophie Marie | Lübeck 1876 | GER-SH | W-JU16 | 2 |
| 8 | 1406 | 00:22:25 | Steinert | Leonie | SV Tessin Zahrendorf | GER-MVP | W-JU14 | 2 |
| 9 | 412 | 00:22:26 | Grospitz | Anouk | SV Tessin Zahrendorf | GER-MVP | W-JU16 | 3 |
| 10 | 144 | 00:22:43 | Brucks | Maja | Lübeck 1876 | GER-SH | W-JU16 | 4 |
| 11 | 702 | 00:22:51 | Kollmeier | Maya | Lübecker Turnerschaft | GER-SH | W-JU14 | 3 |
| 12 | 1485 | 00:22:51 | Timm | Lena | SG Athletico Büdelsdorf | GER-SH | W-20 | 2 |
| 13 | 700 | 00:23:16 | Kollmeier | Lilli | Lübecker Turnerschaft | GER-SH | W-KU12 | 2 |
| 14 | 143 | 00:24:03 | Brucks | Katrin | Lübeck 1876 | GER-SH | W-45 | 2 |
| 15 | 1174 | 00:24:09 | Ruge | Urte | Ahrensburger TSV | GER-SH | W-45 | 3 |
| 16 | 154 | 00:24:19 | Bruns | Kirsten | Appartement-Residenz "4 Seasons" | GER-SH | W-40 | 1 |
| 17 | 391 | 00:24:30 | Goos | Cornelia | Ahrensburg | GER-SH | W-45 | 4 |
| 18 | 773 | 00:24:55 | Laborn | Fabienne | Reinfeld | GER-SH | W-KU12 | 3 |
| 19 | 378 | 00:25:02 | Giesenberg | Kimberly | Tri-Sport Lübeck | GER-SH | W-20 | 3 |

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|-----|------|----------|----------------|----------------|------------------------------------|---------|-------------------|------------------|
| 20 | 1053 | 00:25:04 | Pfau | Katharina | DLRG Lübeck | GER-SH | W-JU14 | 4 |
| 21 | 1383 | 00:25:08 | Stach | Margitta | SV Dassow | GER-MVP | W-50 | 1 |
| 22 | 358 | 00:25:22 | Geffrelot | Lola | Lübeck | GER-SH | W-KU12 | 4 |
| 23 | 188 | 00:25:30 | Dabelstein | Bettina | Team Erdinger Alkoholfrei | GER-SH | W-40 | 2 |
| 24 | 1694 | 00:25:39 | Peters | Inga | Running Athletic | GER-SH | W-45 | 5 |
| 25 | 803 | 00:25:45 | Leifels | Gabi | Team Erdinger Alkoholfrei | GER-HAM | W-45 | 6 |
| 26 | 1658 | 00:25:54 | Fiebig | Melina-Sophie | TSV Lensahn | GER-SH | W-JU18 | 1 |
| 27 | 1137 | 00:25:54 | Ristow | Paulina | Kopernikus Gymnasium Bargeheide | GER-SH | W-JU18 | 2 |
| 28 | 716 | 00:26:14 | Krahmann-Meier | Ulrike | Tri-Sport Lübeck | GER-SH | W-55 | 1 |
| 29 | 1467 | 00:26:15 | Thiemann | Sally | SC Rönna 74 | GER-NIE | W-30 | 1 |
| 30 | 377 | 00:26:18 | Giesenberg | Christina | Tri-Sport Lübeck | GER-SH | W-45 | 7 |
| 31 | 497 | 00:26:18 | Heinrich | Carline | TSNT | GER-SH | W-30 | 2 |
| 32 | 487 | 00:26:19 | Heep | Angelika | Bad Schwartau | GER-SH | W-35 | 2 |
| 33 | 851 | 00:26:20 | Maaß | Sina | SC Rönna 74 | GER-SH | W-20 | 4 |
| 34 | 1698 | 00:26:40 | Semken | Birthe | TV Lilienthal | GER-NIE | W-45 | 8 |
| 35 | 936 | 00:26:41 | Müller | Alina | SG Wasserratten Norderstedt | GER-SH | W-JU14 | 5 |
| 36 | 1223 | 00:26:46 | Schewe | Nadine | Running Athlete | GER-SH | W-35 | 3 |
| 37 | 1510 | 00:26:48 | Ubert | Johanna | Delingsdorf | GER-SH | W-JU18 | 3 |
| 38 | 1142 | 00:26:51 | Rockstroh | Nina | Möllner SV | GER-SH | W-40 | 3 |
| 39 | 1511 | 00:27:04 | Uckert | Carola | Hohnstorf / Elbe | GER-NIE | W-40 | 4 |
| 40 | 531 | 00:27:13 | Hinrichs | Kirsten | Lübeck | GER-SH | W-45 | 9 |
| 41 | 614 | 00:27:16 | Juhnke | Kathi | Dorf Mecklenburg | GER-MVP | W-35 | 4 |
| 42 | 1657 | 00:27:30 | Fiebig | Maria-Caroline | TSV Lensahn | GER-SH | W-JU16 | 5 |
| 43 | 892 | 00:27:33 | Mellmann | Greta | TSG Schönberg | GER-MVP | W-KU12 | 5 |
| 44 | 1147 | 00:27:33 | Rogge | Ingrid | Gettorfer TV | GER-SH | W-50 | 2 |
| 45 | 1148 | 00:27:34 | Rogge | Nadine | TSV Ratekau | GER-SH | W-20 | 5 |
| 46 | 158 | 00:27:43 | Buchholz | Daniela | BSV EGGER Running Division | GER-MVP | W-45 | 10 |
| 47 | 1687 | 00:28:00 | Reddig | Janina | Werlaburgdorf | GER-NIE | W-40 | 5 |
| 48 | 139 | 00:28:07 | Brinkmann | Teresa | Hamburg | GER-HAM | W-30 | 3 |
| 49 | 1483 | 00:28:08 | Tilse | Sophia | Testlaufperson | GER-SH | W-JU20 | 1 |
| 50 | 1547 | 00:28:09 | Wagner | Helene | Lübecker Turnerschaft | GER-SH | W-KU12 | 6 |
| 51 | 945 | 00:28:10 | Müller | Lotte-Helene | TV Jahn Schneverdingen | GER-NIE | W-JU14 | 6 |
| 52 | 1324 | 00:28:11 | Schwarck | Andrea | Hellrunners Fehmarn | GER-SH | W-20 | 6 |
| 53 | 576 | 00:28:14 | Ingmann | Karlotta | Hamburg | GER-HAM | W-JU20 | 2 |
| 54 | 1057 | 00:28:15 | Pieper | Cathrin | Travemünde/Lübeck | GER-SH | W-40 | 6 |
| 55 | 1433 | 00:28:18 | Stueben | Katinka | Triabolos Hamburg e.V. | GER-HAM | W-45 | 11 |
| 56 | 461 | 00:28:21 | Harms | Carolin | TSV Ilmer Weg | GER-NIE | W-JU18 | 4 |
| 57 | 906 | 00:28:21 | Meyer | Lara | TSV Ilmer Weg | GER-NIE | W-JU16 | 6 |
| 58 | 1609 | 00:28:23 | Wiens | Ulrike | ELIXIA | GER-HAM | W-45 | 12 |
| 59 | 489 | 00:28:24 | Heesch | Janina | HSG Ostsee N/G | GER-SH | W-30 | 4 |
| 60 | 1546 | 00:28:31 | Wagner | Anne | Luebecker Turnerschaft | GER-SH | W-40 | 7 |
| 61 | 902 | 00:28:37 | Meyenberg | Kathleen | LG Albatros Kiel | GER-SH | W-45 | 13 |
| 62 | 1450 | 00:28:43 | Szemkus | Sabine | Running is Life | GER-SH | W-50 | 3 |
| 63 | 1642 | 00:28:45 | Wunsch-Binder | Frauke | TSV Travemünde | GER-SH | W-55 | 2 |
| 64 | 592 | 00:28:45 | Stahlwerk | Laura | GGs Europaschule Timmendorf | GER-SH | W-JU18 | 5 |
| 65 | 1141 | 00:28:47 | Rockstroh | Hilke | Möllner SV | GER-SH | W-JU14 | 7 |
| 66 | 1542 | 00:28:47 | Voß | Sabine | Reinfeld | GER-SH | W-50 | 4 |
| 67 | 346 | 00:28:48 | Funck | Anna-Lena | Schule am Meer | GER-SH | W-JU14 | 8 |
| 68 | 1333 | 00:28:54 | Schwegmann | Christina | Lübeck | GER-SH | W-20 | 7 |
| 69 | 1334 | 00:28:57 | Schwegmann | Michaela | Lübeck | GER-SH | W-20 | 8 |

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|-----|------|----------|---------------------|-----------|-------------------------------------|---------|-------------------|------------------|
| 70 | 545 | 00:29:02 | Holbeck | Malika | Ratzeburger- Segler- Verein | GER-SH | W-JU18 | 6 |
| 71 | 1564 | 00:29:03 | Weck | Nicole | Team Erdinger Alkoholfrei | GER-SH | W-35 | 5 |
| 72 | 1537 | 00:29:04 | Von Schamann | Cornelia | Lübeck 1876 | GER-SH | W-60 | 1 |
| 73 | 191 | 00:29:06 | Daehn | Britta | Scharbeutz | GER-SH | W-50 | 5 |
| 74 | 1589 | 00:29:08 | Wesselhöft | Ines | Hamburg | GER-HAM | W-30 | 5 |
| 75 | 259 | 00:29:19 | Edelbüttel | Laura | Schule am Meer | GER-SH | W-JU14 | 9 |
| 76 | 1087 | 00:29:22 | Püttjer | Anke | Spiridon-Club Bad Oldesloe | GER-SH | W-50 | 6 |
| 77 | 155 | 00:29:27 | Bruns | Klara | Appartement-Residenz "4 Seasons" | GER-SH | W-KU12 | 7 |
| 78 | 1396 | 00:29:33 | Steffen | Carina | Tangstedt | GER-SH | W-JU14 | 10 |
| 79 | 1731 | 00:29:33 | Fritze | Kristin | | GER-SH | W-30 | 6 |
| 80 | 593 | 00:29:50 | Jensen | Sabine | GGs Europaschule Timmendorf | GER-SH | W-40 | 8 |
| 81 | 711 | 00:29:53 | Körner | Barbara | TSNT | GER-SH | W-40 | 9 |
| 82 | 1162 | 00:29:57 | Rose | Susanne | Ahrensburger TSV | GER-SH | W-50 | 7 |
| 83 | 399 | 00:29:59 | Grabowski | Anke | Flensburg | GER-SH | W-50 | 8 |
| 84 | 1408 | 00:30:03 | Steinhäuser | Bettina | Strenglin | GER-SH | W-45 | 14 |
| 85 | 1150 | 00:30:04 | Rogge | Tamara | Ahrensburger TSV | GER-SH | W-45 | 15 |
| 86 | 683 | 00:30:05 | Klose | Katharina | Lübeck | GER-SH | W-30 | 7 |
| 87 | 910 | 00:30:05 | Michel | Yvonne | Lübeck | GER-SH | W-30 | 8 |
| 88 | 3 | 00:30:11 | Adolff | Sandra | Team Erdinger Alkoholfrei | GER-SH | W-40 | 10 |
| 89 | 8 | 00:30:22 | Alken | Gabriela | Leezen | GER-SH | W-40 | 11 |
| 90 | 1164 | 00:30:24 | Rosenlöcher | Sylvia | Ratekau | GER-SH | W-35 | 6 |
| 91 | 565 | 00:30:46 | Hüglin | Caroline | TUS Königschaffhausen | GER-BER | W-30 | 9 |
| 92 | 1446 | 00:30:49 | Svensson | Ann | VG Resor | SWE | W-55 | 3 |
| 93 | 1720 | 00:31:00 | Seidel | Almut | NTSV Strand 08 | GER-SH | W-45 | 16 |
| 94 | 1264 | 00:31:07 | Scholz | Monika | Steviesgarage eutin | GER-SH | W-40 | 12 |
| 95 | 1066 | 00:31:09 | Ploetze-Martin | Johanna | TSV Travemünde | GER-SH | W-JU16 | 7 |
| 96 | 1069 | 00:31:09 | Plötze-Martin | Heike | TSV Travemünde | GER-SH | W-50 | 9 |
| 97 | 1420 | 00:31:10 | Stobbe | Virginia | Steviesgarage eutin | GER-SH | W-JU18 | 7 |
| 98 | 835 | 00:31:11 | Löschen-Huchthausen | Nicole | Garstedt | GER-NIE | W-40 | 13 |
| 99 | 1419 | 00:31:13 | Stobbe | Georgia | Steviesgarage eutin | GER-SH | W-JU18 | 8 |
| 100 | 202 | 00:31:15 | Dehne | Christin | Adendorf | GER-NIE | W-35 | 7 |
| 101 | 453 | 00:31:19 | Hantel | Sabine | Holmes Place Lübeck | GER-SH | W-50 | 10 |
| 102 | 1734 | 00:31:23 | Hein | Daniela | | GER-NIE | W-20 | 9 |
| 103 | 993 | 00:31:26 | Ohlsen | Kristina | Hamburg | GER-HAM | W-35 | 8 |
| 104 | 80 | 00:31:27 | Beste | Daniela | Hamburg | GER-HAM | W-35 | 9 |
| 105 | 1719 | 00:31:27 | Hausmann | Ulrike | NTSV Strand 08 | GER-SH | W-45 | 17 |
| 106 | 174 | 00:31:27 | Buuck | Susanne | Lübeck | GER-SH | W-40 | 14 |
| 107 | 1367 | 00:31:36 | Sombeck | Leane | GGs Europaschule Timmendorf | GER-SH | W-JU14 | 11 |
| 108 | 460 | 00:31:42 | Harms | Astrid | Kiel | GER-SH | W-45 | 18 |
| 109 | 1528 | 00:31:43 | vom Ende-Lerche | Annika | Timmendorfer Strand | GER-SH | W-50 | 11 |
| 110 | 550 | 00:31:46 | Holzapfel | Kerstin | QS | GER-SH | W-45 | 19 |
| 111 | 1424 | 00:32:06 | Stödt | Annette | Ahrensburger TSV | GER-SH | W-50 | 12 |
| 112 | 451 | 00:32:08 | Hansen | Taris | Lübeck | GER-SH | W-20 | 10 |
| 113 | 1399 | 00:32:08 | Stegemann | Bernhild | Lübeck | GER-SH | W-40 | 15 |
| 114 | 772 | 00:32:17 | Labahn | Stefanie | Holmes Place Lübeck | GER-SH | W-45 | 20 |
| 115 | 135 | 00:32:30 | Brendel | Charlotte | Lübeck | GER-SH | W-JU14 | 12 |
| 116 | 1640 | 00:32:42 | Wulff | Sandra | BSV EGGGER Running Division | GER-MVP | W-35 | 10 |
| 117 | 1519 | 00:32:46 | Veerkamp | Ulrike | Tescom Europe Running Team | GER-SH | W-40 | 16 |
| 118 | 1688 | 00:32:51 | Kammholz | Sabine | Borbum | GER-NIE | W-45 | 21 |

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Ergebnis M / W - gesamt

5 Km Lauf (5 Km)

5 Km Lauf W

| Pos | StNr | Gesamt | Name | Vorname | Verein / Ort | Nat. | Alters- Klasse | Pos Altersklasse |
|-----|------|----------|--------------|--------------|--------------------------------|---------|-------------------|------------------|
| 119 | 1671 | 00:32:52 | Kuns | Nicole | QS | GER-SH | W-45 | 22 |
| 120 | 734 | 00:33:08 | Krüger | Claudia | TSNT | GER-SH | W-50 | 13 |
| 121 | 98 | 00:33:09 | Böhme | Anja | Fitforever Lüneburg | GER-NIE | W-45 | 23 |
| 122 | 1217 | 00:33:16 | Scheidner | Svenja | Kiel | GER-SH | W-35 | 11 |
| 123 | 1686 | 00:33:25 | Ploog | Katharina | Hamburg | GER-HAM | W-JU14 | 13 |
| 124 | 974 | 00:33:32 | Neugebauer | Jutta | Apex Team Hamburg | GER-NIE | W-45 | 24 |
| 125 | 776 | 00:33:44 | Lade | Mia Louisa | Schule am Meer | GER-SH | W-JU14 | 14 |
| 126 | 1368 | 00:33:44 | Sommer | Jutta | TSV Elstorf | GER-NIE | W-45 | 25 |
| 127 | 25 | 00:33:46 | Auerbach | Anne | Lübeck | GER-SH | W-65 | 1 |
| 128 | 66 | 00:33:49 | Bender | Claudia | Tangstedt | GER-SH | W-45 | 26 |
| 129 | 1430 | 00:33:50 | Stremmel | Uta | Hamburg | GER-HAM | W-45 | 27 |
| 130 | 929 | 00:33:53 | Möllmann | Monika | Werne | GER-NRW | W-45 | 28 |
| 131 | 1152 | 00:33:59 | Rohde | Nicole | Hamburg | GER-HAM | W-50 | 14 |
| 132 | 885 | 00:34:18 | Mehlmann | Marion | Dormagen | GER-NRW | W-45 | 29 |
| 133 | 256 | 00:34:23 | Eckert | Antje | Ahrensburger TSV | GER-SH | W-40 | 17 |
| 134 | 563 | 00:34:23 | Hübschmann | Susanne | Ahrensburger TSV | GER-SH | W-50 | 15 |
| 135 | 268 | 00:34:28 | Eilert- Hein | Erika | Blau weiß 96 Schenefeld | GER-SH | W-65 | 2 |
| 136 | 145 | 00:34:52 | Bruhn | Kirsten | Hamburg | GER-HAM | W-45 | 30 |
| 137 | 111 | 00:34:55 | Börjesson | Angela | VG Resor | SWE | W-55 | 4 |
| 138 | 1514 | 00:35:00 | Utz | Elisabeth | Eiselfing | GER-BAY | W-30 | 10 |
| 139 | 1422 | 00:35:20 | Stoessel | Ann-Christin | Tescom Europe Running Team | GER-SH | W-20 | 11 |
| 140 | 210 | 00:35:21 | Denda | Sandra | Ratzeburger Segler Verein | GER-SH | W-40 | 18 |
| 141 | 958 | 00:35:50 | Mundy | Elke | Hamburg | GER-HAM | W-50 | 16 |
| 142 | 791 | 00:35:52 | Larbanoix | Louise | Sport Spaß | GER-HAM | W-20 | 12 |
| 143 | 996 | 00:36:45 | Oldach | Julia | GGs Europaschule Timmendorf | GER-SH | W-JU18 | 9 |
| 144 | 1113 | 00:39:19 | Rehm | Frauke | Radsportverein Hemmoor | GER-NIE | W-50 | 17 |
| 145 | 655 | 00:39:28 | Kindel | Carmen | Red Star Lubeck | GER-SH | W-35 | 12 |
| 146 | 1713 | 00:40:22 | Kühl | Petra | | GER-SH | W-45 | 31 |
| 147 | 978 | 00:42:49 | Nickel | Corinna | Lübeck | GER-SH | W-45 | 32 |
| 148 | 862 | 00:46:45 | Manns | Arlina | Schule am Meer | GER-SH | W-JU16 | 8 |
| 149 | 434 | 00:48:07 | Haentschke | Ingrid | Groß Lüsewitz | GER-MVP | W-70 | 1 |
| 150 | 1685 | 00:48:42 | Ploog | Claudia | Hamburg | GER-HAM | W-50 | 18 |
| 151 | 607 | 02:53:31 | Johansson | Ulla | VG Resor | SWE | W-80 | 1 |

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